

# Aftercare for Lash Extensions

After your appointment, basic makeup application and normal lifestyle routine can resume. To facilitate a more flexible, longer-lasting bond and to minimize potential irritation or adverse reactions, **avoid the following 5 activities within the first 24-48 hours:**

1. Avoid exposure to excessive steam or water.
2. Avoid exposure to excessive heat.
3. Avoid spray or airbrush tanning.
4. Avoid wearing or inserting in contact lenses.
5. Avoid using oil based cosmetics and skincare products that may come in contact with your extended lashes.

## Daily aftercare procedures

When it comes to daily or continuous aftercare for longer lasting eyelash extensions, your strategy is simple: only **use specially formulated eyelash extension compatible** AND avoid the following:

1. Avoid using waterproof cosmetics (i.e. mascara or eyeliner) on or near extended eyelashes.
2. Avoid using mechanical or heated eyelash curlers.
3. Avoid excessive mascara application.
4. Avoid using an eyelash sealer or mascara on your eyelash extensions this may cause clumping or loss of volume.
5. Avoid excessive exposure to friction, excessive rubbing of eyes, and picking/pulling on extended eyelashes.
6. Avoid chemical eyelash treatments such as eyelash tinting or perming.

## Other aftercare considerations

To prevent damage to your eyelash extensions, **care should be taken** when receiving any of the following facial procedures:

1. Strong chemical peels or skin resurfacing procedures that come in direct contact with the eye area.
2. Facial treatments and facial massages that include direct contact with the eye area and extended eyelashes.

Always inform your esthetician or medical provider that you are wearing eyelash extensions before any facial procedure begins.

## Aftercare products Lash Stylists recommend

- **Makeup brush** – Lint-free professional essential for targeted and all-over cleansing of the eye area.
- **Lash Styling Spoolie** - A spoolie for grooming and styling eyelashes and brows at home or on the go.
- **Mini Fan or Hairdryer on low** – A fan or dryer can be used to quickly and gently dry, fluff, and style your eyelash extensions into place.

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If you have questions or concerns please call, text, email Ashley Rodriguez your Lash Artist



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