

BEFORE THE EYEBROW PROCEDURE

General Rules

- If you are under a physicians care you MUST obtain a release from him/her prior to your procedure.
- No Sun, sweating, or tanning prior to the procedure.
- Do not have a tan/sunburn on your face prior to your procedure.
- Getting a procedure while on your menstrual cycle can make you hypersensitive at the procedure.
- If there are any blemishes, pimples, active cold sores, irritation of the skin of any kind, moles or other skin imperfections in or around the area of the procedure, the procedure will be rescheduled until the blemish or area of concern is gone.
- Scar tissue in the brow area of eyebrows done multiple times WILL require additional procedures and fees will apply.
- Come without any makeup.

Prior To The Procedure

- AVOID alcohol or caffeine prior to your procedure, this will minimize any oozing or swelling after the procedure.
- If you get your eyebrows waxed or tinted, please have this done at least 72 hours prior to your procedure.
- DO NOT work out the day of the procedure as the body heat expands the pores.

Fillers or Botox

- Fillers or Botox should NOT be done 6 weeks prior to your procedure and 6 weeks AFTER your procedure.

Accutane

- You have to be off Accutane for ONE year.

Retin-A, Retinol, or Retinoids

- You MUST be off Retin-A, Retinal, or Retinoids for 7 days prior to your procedure and avoid using on or around the area for 30 days after. If used before 30 days, it can cause the pigments to fade prematurely.

Blood Thinning Medications

- Do NOT take blood thinners (Aspirin, Coumadin, Plavix, Eliquis, Brilinta, Xarelto, Lovenox, Naproxen, Ibuprofen, Niacin, Vitamin E and others) prior to your procedure. Each individual medication has a specific half life and needs to be withheld at a different time. Please consult your physician on when it is the most appropriate to stop your blood thinning medicine.

After Care for Eyebrows

What to expect after the procedure

- Expect treated areas to be tender for the next few days.
- The procedure area may be red, swollen or have a discharge of lymph (yellowish/clear fluid) and blood for at least 12 hours post procedure. Gently dab off excess lymph from the procedure area with a clean tissue and clean cold water. Remember that you should wipe off the lymph to avoid getting a thick crust. You may alternate between ice and hot packs to relieve swelling.
- Tissue heals at different levels, some people heal within 5-7 days; some may take 10 or more to heal.
- **Day 1:** Every two hours gently dab off excess lymph from the procedure area with a clean tissue and clean coldwater. Remember that you should GENTLY wipe off the lymph to avoid getting a thick crust. You may alternate between ice and hot packs to relieve swelling.

Eyebrows After Care. NO! NO! NO!

- DO NOT touch the healing pigmented area with your fingers. Touching the treated area with your fingers, unclean cotton swabs, old products or other, may result in infection. If you need to touch the area - use a cleancotton swab!
- DO NOT RUB, SCRATCH OR PICK THE TREATED AREA; pigment may be removed along with crusting tissue. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring.
- No sauna, Jacuzzi, steam, exercise, hot yoga, swimming in chlorine pools or in the ocean for 7-10 days (until area is completely healed) after the procedure and after all color refreshers.
- If you are a blood donor, you may NOT give blood for 1 year following your permanent makeup application (according to Red Cross).

Eyebrows After Care. General Rules

- Use A&D ointment ONLY if the treated area feels very tight. Do not use too much of A&D ointment; overuse of your healing product will not let the area heal properly; apply a very thin layer to prevent the treated area from drying.
- Sleep on a CLEAN satin pillowcase while the procedure area is healing. Do not expose your face to the sun until the procedure area has healed. The sun will fade the pigment.
- Do not wear makeup on the treated area until it has healed. You might cause an infection or otherwise damage the permanent makeup.
- No tinting of brows until the procedure area has completely healed. If you resume the Retin-A, Retinal, or Retinoids after the 30 days, the continued use will fade your permanent makeup prematurely.
- DO NOT USE any lightening and peeling products that contain AHA's, Vitamin A, Retinol A, Glycolic/Lactic Acids on the treated area; it will fade your tattoo/permanent makeup prematurely. Check your product labeling. It will fade your pigment color. Read the ingredients on the back of every bottle of product that you use.
- If you are out in the sun a lot, have oily skin, using Retinal products, chemical peels, then you will need color refreshers every 6 months to 1 year.
- Use a sun block after the procedure area has healed to prevent future fading of pigment color; apply a waterproof sunblock 3-4 times daily to prevent fading.
- If you have any questions or concerns please notify your technician immediately. You need to follow ALL After Care Instructions for maximum results of the procedure. Failure to follow the above advice will result in less than desired results.

EYEBROW COLOR FADING PROCESS



Right after the procedure.



Day 5-10.
When scabs are gone.



In one month after the procedure.
Before the touch-up



Right after the touch-up.



Approximately in one-two months
after the touch-up. Healed.

What will happen to the color after the procedure

- The procedure area will be much darker for 5-7 days post procedure. The true color will not be visible for 4-6 weeks post procedure and for each color refresher.
- The eyebrows will appear bolder immediately after the procedure. This is common in all Permanent Makeup applications. Hair strokes will soften up as the tissue heals.
- It is very common to have areas fade more so than others. This is a part of the healing process and will be treated at the recommended touch up appointment. Eyebrows may take 1-3 treatments to achieve the desired color result.
- Color refresher visits should be scheduled between 4-8 weeks post procedure. All permanent makeup procedures are at least two-step process. Results cannot be determined until the color refresher is completed.



Ashley Rodriguez
Owner, Country Posh Beauty
Instagram: @Country.Posh
Email: countryposhbeauty@gmail.com
Number: 469-278-5058